

# SOUTHAMPTON TIMEBANK



Southampton Timebank Newsletter

September 2019

I'M  
BRAVING  
THE  
SHAVE

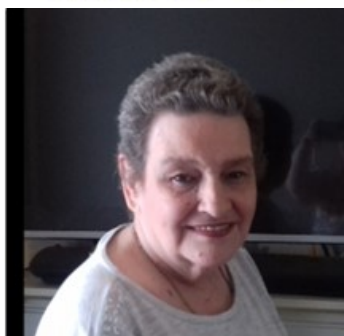
sponsor me

Barbara McNeil, mother to two of our Timebank members, is **Braving the Shave** on **Thursday 5th September** at **Freemantle Community Centre** at **7.00 p.m.** Barbara is doing this because Alison, her daughter and our Timebank member, has been diagnosed with cancer. If you would like to take a turn on the shaver, it will cost you a £1 donation.

There will be tea, coffee, cakes and biscuits. **Can you bake a cake/cupcakes/ biscuits etc. for the evening?** This would be a time exchange.

We will also be holding a raffle on the night so any donations will be welcome.

All money raised will be going to Macmillan Cancer Research.



If you would like to sponsor Barbara, you can join us on the night or you can donate online <https://bravetheshave.macmillan.org.uk/shavers/barbara-mcneil>

## Dates for your diary:

### Tuesday 3rd December—**#GivingTuesday**

Brunch & Barista, 11.00 a.m.—1.00 p.m. the launch of our **#GivingTuesday** campaign collecting food and clothing for 'the New Help the homeless in Southampton' group who are doing great work out on the streets two days a week to help feed and clothe the homeless in the city.

### Wednesday 22nd January—**Certificate presentation**

2.00-4.00 p.m. at the Civic Centre. We are going to have an afternoon tea and certificate presentation to the top 10-15 Timebank exchangers to acknowledge our appreciation of their work.

### Wednesday 27th May—**Day trip to Weymouth.**

Cost of each seat is £15 but.... If you have exchanged 6 hours, these can be cashed in and you can have a seat to Weymouth for just £8. This is thanks to our organisational member, TRIP who are subsidising this activity. ***(If you don't have enough hours currently banked, there is plenty of time to do an exchange or two!)***

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### Brunch & Lunch -

**Tuesday 17th Sept. 11.00 a.m.-1.00 p.m.**

Our next Timebank members get together is at the Brunch & Barista. This is an ideal opportunity for members to come and meet others, request exchanges, etc. In addition, if you are interested in becoming a Timebank member, why not pop in and say hello and talk to the broker or members in attendance.

Our **Woolston Drop-In** meets on **Alternate Thursdays 1.30pm till 4pm**

Fortnightly Drop In, Crafty Bug Café, 82, Bridge Road (near Peartree Church).

Come along to meet others and have a chat. A selection of food and drink is available to buy including gluten free.

This month we are meeting on 12th and 26th September.

**Freemantle Craft Evening, 1<sup>st</sup>, 2nd & 3rd Thursdays 6pm till 8pm**

Freemantle Community Centre, Randolph Street. You can bring along your own craft project or join in our planned activities. We have plenty of tea, coffee and biscuits. Cost £1.

**Woolston Craft Group, Last Friday of each month 11.00 a.m. till 13.30 p.m.** Crafty Bug, 82, Bridge Road (near Peartree Church).

This month we will be marbling card. All equipment will be provided. Cost is £1 (and you will need money to purchase any hot drinks or food from the café).



Examples of recent craft activity.



**Silver Cinema -** (please note Diane will not be in attendance at either of these showings)



**Tuesday 3rd Sept 11.00 -14.00 p.m. \*Please note time \* Tolkien**

**Tuesday 10th Sept 12.00 -15.00 p.m. \*Please note time \* Rocketman**

No further dates have been released at the time of going to print.

**If you are going can you please let us know so we can advise other members.**



**How to access TOL2. Go to**

**<https://tol2.Timebanking.org/southampton>**

Type in your email address (please make sure you use the one you gave us at sign-up)

Click on 'Forgot your password'. This will automatically generate a new sign in page for you to add a password.

Please take a look, if you have any queries email Gwyneth/Lynda at [Timebank@southampton.gov.uk](mailto:Timebank@southampton.gov.uk)



## Welcome to our newest members:

Brenda, Clare, Dawn, Don, Jayne, Josh, Judy, Carol, Linda, Lisamarie, Liz, Marie, Mary, Natasha, Rhona, Robin, Shelley

### What's On

**2nd Monday of the month**  
**1.30 till 4pm**  
 Coffee and Chat Drop-in  
 Holy Family Church,  
 Redbridge Hill.  
 Bring a craft project or just join us for a tea or coffee.

**Alternate Thursdays**  
**1.0pm till 3.30pm**  
 Fortnightly Drop In  
 Crafty Bug Café,  
 82, Bridge Road  
 (near Peartree Church).  
 Come along to meet others and have a chat. Food and drink is available to buy including gluten free.

**1<sup>st</sup>, 2nd & 3rd Thursdays**  
**6pm till 8pm**  
 Craft Evening  
 Freemantle Community Centre, Randolph Street.  
 Bring along your craft project.

**4th Thursday**  
 Network Meeting/Bring and Share Supper.

**1st Friday of the month**  
**10.30am till 12.30pm**  
 Drop In  
 Portswood Library,  
 Portswood Road  
 Meet the Timebank Broker

**2nd Friday of the month**  
**10 am till 1 p.m.**  
 Drop In  
 Shirley Library,  
 Meet the Timebank Broker

**Last Friday of the month**  
**10 am till 1 p.m.**  
 Drop In  
 Central Library,  
 Meet the Timebank Broker

**Last Friday of each month**  
**11.00 a.m. till 13.30 p.m.**  
 Craft Group, Crafty Bug,  
 82, Bridge Road (near Peartree Church).

### Can you help with the following requests?

A member in **Shirley** is looking for help in sorting DVD's into their cases.

A member in **Woolston** is looking for someone to take an old TV and a bedside cabinet to the dump.

A member in **Shirley** is looking for help to prepare some cooking apples for her freezer.

A member in **Netley** is in need of a new shed door hanging. Is there anyone who could do this please?

We have received a few requests for help with decluttering in the **Millbrook** and **Shirley** areas. Are you able to help?

Can you help a member in **Shirley** with repairing, sanding and painting some children's toys? Sizes are in the photos below.



A member in **Maybush** has a front door that hasn't opened for over 4 weeks and has been told they need to replace the lock. any advice on how to recognise correct one they need to get?

**Offered:** A timebank member has a trailer with electrics. She would like a donation of £30 o.v.n.o. to the Canine Partners charity. if you are interested we can put you in touch with one another.

### Thank you to everyone who undertook an exchange in August

Giving lifts to doctors/hospital, befriending, accompanying to cinema, taken shopping, assisting at lunch clubs; updating the web page; opening up groups, helping members with decluttering and delivering items to charity shops, helping organisational members at events, Support Buddy following an operation, help with notepad; walking companion, going to cinema, sewing and flower arranging. A big thank you also to the organisations who allow us to use their space for Timebank activities.

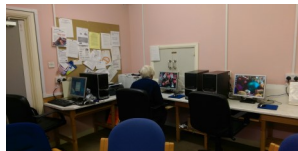
## Organisational Timebank Members Info



The Merryoak Computer Club **DON'T GET LEFT BEHIND** project continues. Get help with using desktops, laptops, tablets and mobile phones to access the

Internet for information and Social Media applications. **THEY CAN HELP YOU.**

Additionally, help is given with Word documents, spreadsheets, arranging photographs, exploring family history, and much more. Work at your own pace in a relaxed atmosphere at Merryoak Community Centre.



They are able to offer facilities for the visually impaired and have comfortable working areas for wheelchair users.

The Centre conforms to requirements for the disabled and has good parking space.

Their next term starts on Monday 9th September 2019 continuing until 24<sup>th</sup> October. Choose a session that suits you - Mondays or Thursdays 10a.m. until noon, or 12.30pm until 2.30pm. A small, non-profit making fee is charged. For more information or to enrol please contact the Centre during session times either in person or by 'phone – 023 80366013, or 023 80446646 at other times.

Organisational member, **Friends of St James Park** are holding their **Annual Dog Show and Family Fun Day** on Sunday, 22 September 2019 from 11:00-15:00

This is a great day out, even if you don't own a dog. There are lots of side stalls/activities to do and see.

### Dog show Categories

10.30am	Opening Parade and Class of Bull Terriers	
Time	Ring 1	Ring 2
11am	Best Crossbreed	Best Pedigree
11.30am	Prettiest girl	Handsome Boy
12noon	Best Puppy	Best Veteran (over 8)
12.30pm	Wiggliest Tail	Best Fancy Dress
1 - 1.45 pm	Lunch	Lunch
1.45pm	Best Rescue Girl	Best Rescue Boy
2.15pm	Best Trick	Young Handler

Enter on the day, and £2 each dog for each class.

If you do not wish to receive this newsletter in future please contact a Timebank Broker, who will remove you from the list.



**For information:** The Repair Café HAS moved.

Saturday 7th September, they are at Freemantle Baptist Church, Testwood Road, Southampton, SO15 8RG

For more info about sustainable living in Southampton in general visit: <https://www.transitionsouthampton.org>

### Contact Us

Give us a call/text/email for more information about Southampton Timebank

**Southampton Timebank**  
Southampton City Council  
Adult Social Care Connect  
Rm 163, Ground Floor, Civic Centre  
Southampton, SO14 7LT

Gwyneth - 07795 050 294  
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Email: - [Timebank@southampton.gov.uk](mailto:Timebank@southampton.gov.uk)

Visit us on the web at -  
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